

- S**norring
- N**arcolepsy
- O**bststructive sleep apnoea
- R**estless legs
- E**xcessive daytime sleepiness



ALL REFERRALS TO:

Dr John L Corbett
 MBBS (Hons), FRCP (UK), FRACP, MA (Oxford), DPhil (Oxford), MACLM
 Associate Professor, University of Queensland
 CONSULTANT NEUROLOGIST & SLEEP PHYSICIAN

Dr Sean L Tolhurst
 BSc (Hons), BMBS (Hons), RPGST, FRACP
 Senior Lecturer, University of Queensland
 CONSULTANT THORACIC & SLEEP PHYSICIAN

Administration Centre
 161 Nerang Street Southport Q 4215
 Phone direct (07) 5557 0055
 Freecall 1800 076 673

Please fax your referral to (07) 5571 0682
or email: snore@snoreaustalia.com.au
 Our staff will contact the patient with the next available appointment.

SLEEP STUDY REFERRAL

(This referral is also for associated specialist consultation where appropriate)

Bulk Billed 'Level 1' Sleep Studies for all 'SNORE' patients - attended & 'at-home' studies

Private hospital in-patient and private 'at-home' studies also available through AusSleep

Patient's Name: _____ D.O.B: _____

Patient's Telephone Number: _____

Patient's Email Address: _____

- Uninsured
 Self-Funded
 Private Hospital
 DVA

Tests Ordered

- Sleep Study
 Bulk Billed EEG - Standard
 Bulk Billed EEG - Overnight

CLINICAL DETAILS: PLEASE TICK THE RELEVANT BOXES

Sleep Hx

- Witnessed apnoea
- Chronic snoring
- Waking unrefreshed
- Daytime lethargy, hypersomnolence
- Restless legs, abnormal sleep behaviour

CLINICAL NOTES:

Other Medical Hx

- Heart disease
- Diabetes
- Obesity
- Hypothyroidism
- Asthma
- Hypertension
- Insomnia

Referring Doctor : _____

Provider No : _____ **Date:** / /

Referring Doctor's Signature : _____

DOCTOR'S STAMP

PATIENT INFORMATION

- CHECK IN TIME:** 7.15pm prompt
(Please note: Our staff do not arrive until 7.15pm).
- CHECK OUT TIME:** 6.00am.
- IF YOU ARE ILL:** Please telephone as soon as possible to re-book your appointment, and at least 24 hours in advance if you have a cold or flu. It is **most important** that you give us this amount of notice. If you cancel at short notice, we may not be able to bulk bill you for this service next time.
- PREPARATION:** Please wash your hair on the day of the study. Do not use hair oils, conditioners, hair sprays or gels. Please do not wear make-up to your appointment.
- WHAT TO BRING:**
- Medicare/Veterans Affairs card
 - Your completed questionnaire
 - Two-piece pyjamas with front opening top
 - Material to read
 - Personal toiletry items
 - Any medications (none will be supplied by our staff)
 - Alcohol (in moderation) which you would normally consume before retiring or drink your usual amount of alcohol at home before coming (but do not then drive if over the limit)
 - Personal items to help you sleep, such as your own pillow
- SUPPLIED FOR YOU:** Tea & coffee facilities, private bedroom, bathroom, shower & toilet facilities.
- LOCATION:** The sleep study venue will be confirmed when our staff contact you to book the sleep study.
- AT HOME STUDIES:** Some of the above does not apply for patients whose sleep study is performed at home (separate patient information will be provided when this type of study is booked).